



CORPORATE PROGRAMS

INTRODUCING A NO-COST EMPLOYEE BENEFIT THAT COMES WITH:
ENDLESS THANK-YOU'S.

Obesity contributes to 12 of the leading causes of chronic illness and costs employers over \$73 billion every year. It's no surprise that 53% of all US companies with over 200 employees are offering weight loss programs as part of their wellness benefits (Harvard Business Review).

OUTCOMES YOU CAN COUNT ON.

Itrim is the only sustained weight loss program with published research on our specific program outcomes. 79% of our members complete our program. In a recent study, the average weight loss for Itrim members was 9.5% of starting body weight. No other weight loss provider can match our results. We are dedicated to science and have a team of leading international obesity specialists who continually review and guide our program improvements.

FLEXIBLE DELIVERY.

We offer our highly effective program to your employees either at Tri-City Wellness Center or onsite in your company. Minimal space is required for an onsite Itrim program and we provide turnkey design and delivery at little or no cost to you.

EXCEPTIONAL CUSTOMER SATISFACTION.

At the heart of our program is a very personalized, caring health coach who works closely with each Itrim member to insure his or her success. We build an actively engaged and committed community of Itrim members among your team and their success quickly goes viral, converting afternoon snacks into midday walking clubs. Our proven curriculum has helped over 30,000 people successfully lose weight and live a lighter, healthier life and we can do the same for your employees. With that kind of success, it's no wonder that our members have consistently given us a Net Promoter Score of over 80.

LET US BRING HEALTHY ACTIVE LIVING TO YOUR EMPLOYEES.

We offer workshops that provide simple tips on living a lighter, healthier life. We will include body-composition analysis as well as action-oriented topics such as Moods and Foods, Managing Stress in Everyday Life, Walk it Off, Palm Portion Basics, Your Motivation Mindset, and Coach Yourself to a Healthier Life.

For more information contact our Registered Dietitian Nutritionist and Certified Corporate Wellness Manager, Katie Di Lauro at (760) 931-3132 or email at Katherine.DiLauro@activewellness.com