

WEIGHT LOSS PROGRAM OPTIONS

ITRIM PRO

Six-Month Program includes:

- Two Monthly Group Workshops
- One Individual Nutrition Coaching Session

Start-up Fee

\$220 Premium Health Assessment or
\$99 Standard Health Assessment

Monthly Dues

Member: \$69
Non-Member: \$79

This program is designed for clients who need the support and inspiration to take on the challenges you face each day in this journey to a better life. Stress, Social Eating, Self-Awareness, Risk Factors, Positive Thinking, and more! Break through your personal road blocks to living a happier, healthier life.

ITRIM LIFESTYLE

Start-up Fee

\$220 Premium Health Assessment

Packages:

3 Individual Sessions: \$55 each
7 Individual Sessions: \$53 each
12 Individual Sessions: \$52 each

This program is designed for clients who need a more clinical and personal look into their conditions, medications, supplements, and behaviors. This program has a 3-month minimum term if any use of the Itrim products. See your RDN to design your customized package today.

For more information, please contact Katie Di Lauro, RDN at:
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